

### Free Activities

Name	Contact	Description	Website
<b>Art/Museums</b>			
<b>Museum of Fine Arts</b>	465 Huntington Avenue, Boston, MA 02115  (617) 267-9300	Admission at this popular art museum is free Wednesdays after 4 PM with a suggested donation. Also, youth ages 7-17 are free on weekdays after 3 PM, on weekends, and on public school holidays. The museum also offers Free Community days throughout the year, posted on their website.	<a href="https://www.mfa.org">https://www.mfa.org</a>
<b>Isabella Stewart Gardner Museum</b>	25 Evans Way, Boston MA 02115  (617) 566-1401	Showcases a collection of fine and decorative art while serving as a venue for contemporary artists, musicians, and scholars. Admission is free for all under 18. The museum is also free if it is your birthday or if your name is Isabella. It is open F-W 11 AM-5 PM and Thur. 11 AM-9 PM.	<a href="https://www.gardnermuseum.org">https://www.gardnermuseum.org</a>
<b>Institute of Contemporary Art</b>	25 Harbor Shore Drive, Boston, MA 02210  (617) 478-3100	The ICA showcases contemporary art in all media and offers programs geared towards developing context and meaning for contemporary art and culture. The Institute is always free for youth under 17. Admission is also waived for everyone every Thursday from 5 to 9 p.m., as well as on the last Saturday of each month for families (except December). The ICA is open Tuesday-Sunday 10 AM-5 PM and Thursday and Friday: 10 AM-9 PM,	<a href="https://www.icaboston.org/">https://www.icaboston.org/</a>
<b>Harbor Gallery</b>	100 Morrissey Blvd. Boston, MA 02125	Part of UMass Boston, Harbor Gallery is dedicated to to representing emerging and under-recognized artists locally, nationally, and internationally. The gallery is always free. The Harbor Gallery is open Tuesday and Wednesday from 10 AM-5 PM.	<a href="https://www.umb.edu/life_on_campus/student_involvement/activities/harbor_art_event_space/exhibitions">https://www.umb.edu/life_on_campus/student_involvement/activities/harbor_art_event_space/exhibitions</a>
<b>The Boston Landmarks Orchestra</b>	545 Concord Ave Suite 318, Cambridge, MA 02138  (617) 987-2000	Presents performances in various settings throughout the Boston area, always free to the public. The orchestra also performs neighborhood concerts in parks and other community settings. Typically the seasons occur in the summer.	<a href="http://landmarksorchestra.org">http://landmarksorchestra.org</a>
<b>The Copley Square Concert Series</b>	Copley Square, 560 Boylston Street, Boston MA 02116	Put on by the city each Thursday during the summer. Locals and visitors alike gather at 5:30 PM in Boston's Back Bay for live performances.	
<b>SoWa Open Market</b>	460 Harrison Ave, Boston, MA 02118  (857) 362-7692	Only open on Sundays 10 AM-4 PM, the SoWa market offers an ever-changing group of artisans, in an outdoor location. The market offers the opportunity to meet the artists, vendors, and farmers while you browse their offerings of unique works and fresh foods. It is fast becoming part of the South End's well-known artists' community.	<a href="https://www.sowaboston.com/sowa-open-marke">https://www.sowaboston.com/sowa-open-marke</a>

<b>Coit Observatory at Boston University</b>	725 Commonwealth Avenue, Boston, MA 02215  (617) 353-2401	Giving visitors a chance to observe the night sky through telescopes and binoculars, and learn some astronomy as well. The Open Nights are held on most Wednesday evenings, weather permitting, and are free to the public. Starting times are 7:30 PM during the fall and winter, and 8:30 PM during the spring and summer. The program lasts about an hour.	<a href="https://www.bu.edu/astronomy/events/public-open-night-at-the-observatory/">https://www.bu.edu/astronomy/events/public-open-night-at-the-observatory/</a>
<b>Boston Fire Museum</b>	44 Congress St, Boston, MA 02210  (617) 338-9700	One of the oldest fire departments in the United States, it displays antique firefighting apparatus while educating visitors about contemporary safety issues. The museum, always free, is open Saturday 11 AM-4 PM	<a href="https://www.bostonfiremuseum.com/">https://www.bostonfiremuseum.com/</a>
<b>Harvard Museum of Natural History</b>	26 Oxford St, Cambridge, MA 02138  (617) 495-3045	The museum combines historic exhibits drawn from the University's vast collections with new and changing, multimedia exhibitions. Free to Massachusetts residents on Sunday from 9:00 am to noon and Wednesdays from 3 to 5 pm (September–May).	<a href="https://hmn.harvard.edu/">https://hmn.harvard.edu/</a>
<b>The Warren Anatomical Museum</b>	10 Shattuck St, Boston, MA 02115  (617) 432-6196	The Warren Anatomical Museum is not for the faint of heart. Home to the famous head of Phineas Gage, the Warren Anatomical museum has a wide array of medical equipment and artifacts, such as old surgical devices and specimens. The museum is free and open to the public, but visitors must show a valid ID upon entry and sign a visitor register. The museum is open 9 AM-5 PM Monday-Friday.	<a href="https://www.countway.harvard.edu/center-history-medicine/warren-anatomical-museum">https://www.countway.harvard.edu/center-history-medicine/warren-anatomical-museum</a>

### **Historical Activities**

<b>The State House</b>	24 Beacon St, Boston, MA 02133  (617) 722-2000	Erected in 1798 on land that once belonged to Massachusetts' first governor, John Hancock. The chamber of the House of Representatives features the "sacred cod." Admission and guided tours are free weekdays 10 a.m.-3:30 p. m., but tours must be scheduled in advance. Call the phone number to schedule a tour. The State House is open Monday-Friday 8 AM-6 PM.	<a href="https://malegislature.gov/StateHouse/Visit">https://malegislature.gov/StateHouse/Visit</a>
<b>Bunker Hill Monument</b>	Monument Sq, Charlestown, MA 02129  (617) 242-5641	Commemorates the Battle of Bunker Hill. Learn about the June 17th, 1775, battle in the site's museum. The museum and monument are open 10 a.m.-5 p.m. daily, with climbs up the monument ending at 4:30.	<a href="https://www.nps.gov/bost/planyourvisit/bhm.htm">https://www.nps.gov/bost/planyourvisit/bhm.htm</a>
<b>USS Constitution</b>	Charlestown Navy Yard, Building 22, Charlestown, MA 02129  (617) 426-1812	The oldest commissioned warship afloat in the world, earned its nickname "Old Ironsides." Both the ship and its accompanying museum are open Tuesday through Sunday from 10 a.m. to 3:50 pm. The Museum has a suggested donation of \$10-\$15, though any amount is appreciated. Free tours begin every half hour, with the last starting at 3:30.	<a href="https://ussconstitutionmuseum.org">https://ussconstitutionmuseum.org</a>
<b>Museum of African American History</b>	46 Joy Street, Beacon Hill, Boston, MA 02114  (617) 725-0022	New England's largest museum dedicated to preserving the contributions of African Americans and tells the story of organized black communities from the colonial period through the present. Admission to the Museum is free with a suggested donation. Hours are Monday-Saturday 10 AM-4 PM.	<a href="https://www.maah.org">https://www.maah.org</a>

<b>Boston Public Library</b>	700 Boylston St, Boston, MA 02116 (617) 298-7841	The first free municipal library in the United States. Volunteers lead tours that highlight art, architecture, and the history of Boston. Tours are offered daily, October through May. You can also download self-guided tour documents on the library website. The hours are M-Sat 9 AM- 9 PM and Sun 1-5 PM.	<a href="https://www.bpl.org">https://www.bpl.org</a>
<b>Boston Fire Museum</b>	44 Congress St, Boston, MA 02210 (617) 338-9700	One of the oldest fire departments in the United States, it displays antique firefighting apparatus while educating visitors about contemporary safety issues. The museum, always free, is open Saturday 11 a.m.-4 p.m.	<a href="https://www.bostonfiremuseum.com/">https://www.bostonfiremuseum.com/</a>
<b>The Black Heritage Trail</b>	46 Joy St, Boston, MA 02114	The trail consists of 14 sites beginning at the Robert Gould Shaw Memorial in front of the State House and winding through the hill around memorable Louisburg Square, Charles Street and Phillips Street before ending at the African Meeting House. Free maps are available at the Abiel Smith School. Ranger-guided tours are also free and run Monday–Saturday.	<a href="https://www.nps.gov/boaf/playyourvisit/things2do.htm">https://www.nps.gov/boaf/playyourvisit/things2do.htm</a>

### ***Outdoor Activities***

<b>Arnold Arboretum</b>	125 Arborway, Boston, MA 02130 (617) 524-1718	The oldest public arboretum in North America, supporting research, horticulture, and education programs that focus on the appreciation and preservation of trees. Guided and self-guided tours are free, as well as a variety of family activities. The arboretum is open M-Sund 7 AM-7 PM.	<a href="https://www.arboretum.harvard.edu">https://www.arboretum.harvard.edu</a>
<b>The Hatch Shell</b>	47 David G Mugar Way, Boston, MA 02108 (617) 626-1250	The Edward A. Hatch Memorial Shell is an outdoor concert venue on the Charles River Esplanade in the Back Bay section of Boston. A great place for live concerts and picnics, the dome is a lovely place to sit out on a warm day. During the summer, the State Department of Conservation and Recreation offers a free concert series as well as movie screenings. The season typically begins around April as the weather gets warmer. Check the website for event information.	<a href="http://www.hatchshell.com/">http://www.hatchshell.com/</a>
<b>Newbury Street</b>	Back Bay, Boston, MA	Though Newbury Street is home to many shops and restaurants, the bustling street is always fun to walk down. This area located in Back Bay is always busy with people and full of different restaurants and activities at a range of prices. In the summer time, it is a lovely place to take a stroll.	N/A
<b>Boston Common</b>	Tremont Street, Boston, MA	Boston Common is the United States' oldest public park. The grassy area is a lovely place to sit outside while enjoying the company of other visitors and locals. Home to various festivals throughout the year, Boston Common is in a central location, right by the Park Street station on the MBTA Red Line and Green Line.	N/A
<b>Back Bay</b>	Back Bay, Boston, MA	This popular area is home to the Public Library, Copley Square, and the Prudential Center.	N/A
<b>The Esplanade</b>	Charles River Esplanade, Boston, MA	A public park that extends three miles along the Boston side of the Charles River from the Museum of Science to the Boston University Bridge. You'll pass joggers, children on soccer fields and playgrounds, picnicking families, and, on the river, rowers in sleek sculls slicing through the Charles.	N/A

<b>Fort Point MP3 Tour</b>	<u>N/A</u>	Leads you through one of Boston's most eclectic, energetic neighborhoods. Enjoy the unique architecture found in the artist owned co-op building at 300 Summer Street and see the filming sight of the movie The Departed.	<a href="http://www.audisseyguides.com/fortpointharborwalk/">http://www.audisseyguides.com/fortpointharborwalk/</a>
<b>Boston Public Garden</b>	4 Charles St, Boston, MA 02116	Established in 1837 as the first public botanical garden in the United States, today the Boston Public Garden is a place where locals and visitors alike enjoy the Lagoon, Swan Boats, fountains, and more. If you're with children, leave time to linger at the duckling statues of Make Way for Ducklings fame.	N/A
<b>Kendall Square Roof Garden</b>	325 Main St, Cambridge, MA 02142	A "secret" garden in Cambridge, this rooftop garden gives great views of the city as well as a peaceful place to sit and observe the city and various plants and flowers. Visitors can come to the garden all week 6 AM-8 PM.	<a href="https://www.kendallcenter.com/events-public-programs/roof-garden/">https://www.kendallcenter.com/events-public-programs/roof-garden/</a>
<b>Group Activities</b>			
<b>The November Project</b>	Check Website	The November Project's goal is to bring communities together through free exercise. Visit the November Project website to see the schedule and locations for these meetings. There is absolutely no requirements and no need to sign up. All you have to do is show up!	<a href="https://november-project.com/boston/">https://november-project.com/boston/</a>
<b>Boston Lightsaber Stage Combat Club</b>	50 Vassar St, Cambridge, MA 02139	If you are a fan of Star Wars, Boston Lightsaber Stage Combat Club hosts free Beginner's Nights, within the first two weeks of every rehearsal schedule. Pick up a lightsaber and learn how to fight like Obi-Wan Kenobi for these 90 minute rehearsals. Check their facebook for more precise dates and times:	<a href="https://www.facebook.com/BostonLightsaber/">https://www.facebook.com/BostonLightsaber/</a>
<b>Cambridge Women's Center</b>	46 Pleasant St, Cambridge, MA 02139	Cambridge Women's Center hosts a variety of free activities and groups for women in the greater Boston community, including sewing, art, trauma support, and many others. Visit their website for an updated schedule every month.	<a href="http://www.cambridgewomenscenter.org">http://www.cambridgewomenscenter.org</a>
<b>Free Summer Yoga at the Frog Pond</b>	38 Beacon St, Boston, MA 02108	Every Thursday in the summer (June through August), yoga instructors will lead a flow class for all levels. The classes focus on releasing stress and expanding energy, all while tapping into nature at America's oldest public park. Participants should come prepared with their own mats and plenty of water. Check the website for more information about the season.	<a href="https://bostonfrogpond.com/spring-summer/free-summer-yoga/">https://bostonfrogpond.com/spring-summer/free-summer-yoga/</a>

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